## DOUBLE COCOA STARS

## Sugar Stitches



TRADITIONALIY PIECED QUILT PATTERN FOR THE CONFIDENT BEGINNER THROW 53" X 69"

## Before Getting Started

- Read through the entire pattern before getting started.
- All seam allowances are $1 / 4$ " unless otherwise noted. When a scant seam is suggested, this pattern assumes the scant seam is one thread length narrower than a $1 / 4$ seam.
- Arrows throughout pattern represent sewing directions, not pressing directions.
- Press seams to the dark fabric unless otherwise directed.
- Refer to your coloring sheet or the mock ups in this pattern to lay out your blocks.
- Check www.SugarStitchesQuiltCo.com for any pattern corrections.
- Abbreviations:

WOF = Width of Fabric (assumed to be 42 " wide).
RST = Right Sides Together.
FQ = Fat Quarter (assumed to be $18^{\prime \prime} \times 21$ ").
HST = Half Square Triangle.
QST = Quarter Square Triangle (also known as an Hourglass Quilt Block).

- Please share your progress and final projects on Instagram using the hashtags \#DoubleCocoaStarsQuilt and \#SugarStitchesQuiltCo and tag @SugarStitchesQuiltCo.
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- Kitting of this pattern requires prior approval, unless you have purchased the pattern wholesale.
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## Tools Needed

- Quilting rulers in varying sizes
- Thread
- Iron/ironing board
- Mechanical pencil/fabric marking pen
- Scissors or rotary cutter
- Cutting mat (a rotating cutting mat is helpful with this project)
- Straight pins
- Seam ripper (you just never know what could happen)


## About the Pattern

- The pattern features a traditional Ohio Star quilt block with half square triangles and colored squares in each corner, which then forms a secondary pattern of a sawtooth star.
- The block finishes at 16".
- Looking for additional tutorials on the various methods used in this pattern? Visit the blog at www.SugarStitchesQuiltCo.com or our YouTube channel www.youtube.com/@SugarStitchesQuiltCo



## Quilt Versions



## Fabric Requirements

|  | $\begin{gathered} \text { Throw } \\ 53 " \times 69 " \end{gathered}$ |
| :---: | :---: |
| Fabric A (Center) | 1/4 yard |
| Fabric B (QSTs) | 5/8 yard |
| Fabric C (Corner) | 1/4 yard |
| Fabric D (Corner) | 1/4 yard |
| Fabric E (HSTs) | $1 / 2$ yard |
| OR Assorted Fabrics | Minimum 6 FQs OR <br> (1) 10" Precut Pack |
| Background | $21 / 2$ yards |
| Borders | $1 / 2$ yard |
| Backing* | $31 / 2$ yards |
| Binding | 1/2 yard |

* Includes 4" overage to allow for quilting. Adjust to your needs.
- Yardage requirements are not rounded up to include wiggle room. If you prefer to have extra fabric in case of cutting mistakes, please add $1 / 4$ yard to each as desired.
- A 10 " precut pack typically contains (42) 10 " precut squares.
- FQs are the minimum requirements for a scrappy quilt. Feel free to use more for a scrappier look!
- Border, backing and binding requirements are same for modern and scrappy versions.


## Cutting Instructions

|  | Yardage Version | Fat Quarter, 10" Precut or Scrap Version |
| :---: | :---: | :---: |
| Fabric A | $\begin{aligned} & \square \text { Cut (2) } 41 / 1 / 2 \times \text { WOF strips } \\ & \square \text { Subcut (12) } 41 / 22^{2} \text { squares } \\ & \hline \end{aligned}$ | Cut (12) 7 " squares (referred to as Fabric $E$ in the pattern) Cut (24) $5 \frac{1}{2}$ " squares (referred to as Fabric B in the pattern) <br> $\square$ Cut (12) $4 \frac{1}{2} / 2$ squares (referred to as Fabric $A$ in the pattern) <br> $\square$ Cut (48) $21 / 2^{\prime \prime}$ squares (referred to as Fabric C \& D in the pattern) |
| Fabric B | Cut (4) $5 \frac{1}{2}$ " $\times$ WOF strips <br> $\square$ Subcut (24) $51 / 2$ " squares |  |
| Fabric C | $\begin{array}{\|l} \hline \text { C Cut (2) } 21 / 2 " \times \text { WOF strips } \\ \square \text { Subcut (24) } 21 / 2^{\prime \prime} \text { squares } \\ \hline \end{array}$ |  |
| Fabric D | Cut (2) $21 / 2{ }^{1}$ x WOF strips $\square$ Subcut (24) $21 / 2{ }^{2}$ squares |  |
| Fabric E | $\square$ Cut (2) 7 " x WOF strips $\square$ Subcut (12) 7" squares |  |
| Background | Cut (3) $21 / 2{ }^{\prime \prime} \times$ WOF strips Subcut (48) $21 / 2$ " squares Cut (4) $5 \frac{1}{2}$ " $\times$ WOF strips Subcut (24) $51 / 2 "$ squares Cut (2) 7" x WOF strips Subcut (12) 7 " squares Cut (6) $4 \frac{112 "}{} \times$ WOF strips Subcut (96) $21 / 2^{\prime \prime} \times 41 / 22^{\prime \prime}$ rectangles Cut (3) $6 \frac{1}{2}$ " $\times$ WOF strips <br> $\square$ Subcut (48) $21 / 2{ }^{1 / 2} \times 6 \frac{112}{2}$ rectangles |  |
| Borders | Cut (6) 3 " $x$ WOF strips <br> $\square$ Subcut and piece (2) $3^{\prime \prime} \times 531 / 2$ " strips (top and bottom borders) Subcut and piece <br> (2) $3^{\prime \prime} \times 641 / 2 / 2$ strips (side borders) |  |
| Binding | $\square$ Cut (7) $211 / 2 \times$ WOF strips |  |

## Block Assembly

## 8-at-a-time Half Square Triangles:

1. Use a pencil or fabric marking pen to draw a diagonal line in both directions across the back of the (12) 7 " background squares (Fig. 1).
2. Place the squares RST with the 7 " Fabic E squares.
3. Sew $1 / 4$ away on each side of the drawn lines (Fig. 2).
4. Place a quilting ruler on the vertical center of one square (should be at the $31 / 2^{\prime \prime}$ mark). Cut the block in half. Without moving the square, place the quilting ruler on the horizontal center of the square. Cut the block in half. Finally, cut the squares apart along the drawn lines (Fig. 3).
5. Press to set the seams and then press open. Trim each HST to $2 \frac{1}{2}$ ". Repeat with the remaining 7 " squares. You should have (96) HSTs.


## Quarter Square Triangles:

1. Match (1) $51 / 2^{\prime \prime}$ background square with (1) $5 \frac{1 ⁄ 2 \prime \prime}{\prime \prime}$ Fabric B fabric square and place RST (Fig. 4). Use a pencil or fabric marking pen to draw a diagonal line across the back of the background squares (Fig. 5).
2. Sew $1 / 4$ " away from each side of the drawn line. (Fig. 6).
3. Cut the squares apart along the drawn line (Fig. 7). You will have (2) HSTs total. Do not trim the HSTs. Press to set your seams and the press to the darker side (Fig. 8).
4. Place (1) HST RST with another HST (Fig. 9), making sure the opposite fabrics are facing each other. Carefully line up/nest your seams and pin in place. Use a pencil or fabric marking pen to draw a diagonal line across the back of one block (Fig. 10), perpindicular to the original seam of your HST.
5. Sew $1 / 4^{\prime \prime}$ away from each side of the drawn line. (Fig. ו1).
6. Cut the squares apart along the drawn line (Fig. 12). You will have (2) QSTs. Repeat with the remaining $51 / 2^{\prime \prime}$ squares.
7. Press to set your seams and then press seams open. Trim each QST to $41 / 2^{\prime \prime}$. Make sure you are trimming an equal amount around the entire block to keep it uniform. You should have (48) QSTs.


Fig. 4

Fig. 9



Fig. 5


Fig. 10


Fig. 6


Fig. 11


Fig. 7


Fig. 12


Fig. 8


Fig. 13

## Block Assembly Continued

1. Sew (1) $2 \frac{1}{2}$ " $\times 4 \frac{112 "}{2}$ background rectangle RST to the top of (1) QST (Fig. 14).
2. Press to set your seam, then press seam open or toward the rectangle. Repeat with the all the QSTs.


Fig. 14
3. Sew (1) $2 \frac{1}{2} 2^{\prime \prime}$ HST RST with (1) $21 / 2^{\prime \prime}$ background square (Fig. 15). Press to set your seam, then press toward the square.
4. Sew (1) $2 \frac{1}{2} /{ }^{\prime \prime}$ Fabric C square RST with (1) $2 \frac{1}{2} / 2^{\prime \prime}$ HST (Fig. 15). Press to set your seam, then press toward the square. Repeat with all of the Fabric C squares.
5. Sew the Fabric C HST unit RST with the Background/HST unit (Fig. 16). Press to set your seam, then press open to reduce bulk.
6. Repeat Steps 3-5 above with all of the $21 / 2^{\prime \prime}$ Fabric D squares and remaining $21 / 2^{\prime \prime}$ background squares.


Fig. 15


Fig. 16



Fig. 17
6. Sew (1) $2 \frac{1}{2} 2^{\prime \prime} \times 4 \frac{1}{2} 2^{\prime \prime}$ background rectangle RST with a corner unit (Fig. 18). Press to set your seam, then press toward the rectangle .
7. Sew (1) $2 \frac{1}{2} 2^{\prime \prime} \times 6 \frac{1}{2}$ " background rectangle RST with this unit (Fig. 19). Press to set your seam, then press toward the rectangle.
8. Repeat with the remaining corner units and background rectangles (Fig. 20). Your corner units are now complete.


## Block Assembly Continued

9. Sew (1) Fabric C/HST corner unit RST with (1) QST unit and then sew to (1) Fabric D/HST corner unit (Fig. 21). Press to set your seams and then press outward.
10. Sew (1) QST unit with (1) Fabric A square and then sew to (1) additional QST unit (Fig. 21). Press to set your seams and then press to inward, toward the center.
11. Sew (1) Fabric D/HST corner unit RST with (1) QST unit and then sew to (1) Fabric C/HST corner unit (Fig. 21). Press to set your seams and then press outward.
12. Sew the top row RST with the middle row (Fig. 22). Because your seams were pressed in opposite directions, you should be able to nest your seams. Then sew to the bottom row (Fig. 22).
13. Press to set seams and then press seams open (Fig. 23). The block should measure $16 \frac{1}{2} \mathbf{2}^{\prime}$. Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform.


Fig. 21


Fig. 22


Fig. 23

## Quilt Assembly

1. Lay out the blocks per mock ups.
2. Sew RST one row at a time. Press each row in opposite directions.
3. Sew each row to the next, nesting seams at each intersection. Press seams open or to one side. Continue until all your rows have been sewn together. Press your seams open or to one side.
4. Piece together border strips end-to-end. Since your final quilt size can vary, measure the left and right sides of your quilt. Cut the border strips to those measurements if different from the measurements listed in the cutting instructions.
5. Attach the left and right borders first. Press seams outward.
6. Measure the top and bottom of your quilt. Cut the border strips to those measurements, if different from the measurements listed in the cutting instructions.
7. Attach the top and bottom borders. Press seams outward.
8. Your quilt top is now complete!

## Finishing

1. Piece together backing fabric as needed.
2. Lay backing wrong side up, then your batting, followed by your quilt top right side up to complete your quilt sandwich.
3. Baste and quilt as desired.
4. Square your quilt and trim off excess backing fabric and batting.
5. Bind as desired with the $21 / 2^{\prime \prime}$ binding strips.
6. Your quilt is now complete!

## Meet the Designer

Ledine is the owner and creator of Sugar Stitches Quilt Co! She's a selftaught quilter and will forever be thankful to this creative outlet for giving her a sense of purpose and keeping her sane throughout all of life's ups and downs. As a self-proclaimed perfectionist, she struggles to find creative activities that are more fun than frustrating. When she first ventured into the world of quilting, she faced some of this frustration head on before realizing that she didn't have to attempt the most difficult patterns or projects in order to feel satisfied with the final project. Can you relate? This is the life lesson that she wants to share with her corner of the quilting community!

Check out her YouTube tutorials: www.YouTube.com/@SugarStitchesQuiltCo


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## Coloring Page



## Printable Fabric Labels

Cut out and use these labels to help organize your fabrics and blocks throughout the quilt making process! Use the blank labels to make additional labels as needed!

| Modern Version | Fabric A | Fabric B | Fabric C | Fabric D | Fabric E |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Scrappy Version | $21 / 2$ " squares (Fabic C\&D) | $41 / 2$ squares (Fabic A) | $\begin{gathered} 51 / 2 \\ \begin{array}{c} \text { squares } \\ \text { (Fabric B) } \end{array} \end{gathered}$ | $7 "$ $\substack{\text { squares } \\(\text { Fabric E) }}$ |  |
| All Versions | $21 / 2$ squares Background | 51/2" squares Background | 7" squares Background | $21 / 2^{\prime \prime} \times 4 \frac{1}{2} 2^{\prime \prime}$ rectangles Background | $2^{1 / 2} \times 6^{1 / 2}$ rectangles Background |
|  | Borders | Binding |  |  |  |

