# Candy Heart Strings <br> , <br> Sugar Stitches 



Scrap \& Fat Quarter Friendly!
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## Before Getting Started

- Read through the entire pattern before getting started.
- All seam allowances are $1 / 4^{\prime \prime}$.
- Arrows throughout pattern represent sewing directions, they are not pressing directions.
- Press seams to the dark fabric unless otherwise directed.
- Refer to your coloring sheet or the mockups in this pattern to layout your blocks.
- Check SugarStitchesQuiltCo.com for any pattern corrections.
- Abbreviations:

WOF = Width of Fabric (assumed to be 42" wide)
FQ = Fat Quarter
RST $=$ Right Sides Together
HST = Half Square Triangle

- This pattern is for personal use only. Do not copy, sell, or distribute without written consent.
- You may sell items made using this pattern as a small independent seller. Please credit the pattern design to Sugar Stitches Quilt Co.


## Tools Needed

- Quilting rulers in varying sizes
- Thread
- Iron/Ironing board
- Mechanical pencil/fabric marking pen
- Scissors or rotary cutter
- Cutting mat (a rotating cutting mat is helpful with this project)
- Straight pins
- Seam ripper (you just never know what could happen)


## Meet the Designer

Ledine is the owner and creator of Sugar Stitches Quilt Co! She's a self-taught quilter and will forever be thankful to this creative outlet for giving her a sense of purpose and keeping her sane throughout all of life's ups and downs. As a selfproclaimed perfectionist, she struggles to find creative activities that are more fun than frustrating. When she first ventured into the world of quilting, she faced some of this frustration head on before realizing that she didn't have to attempt the most difficult patterns or projects in order to feel satisfied with the final project. Can you relate? This is the life lesson that she wants to share with her corner of the quilting community!


|  | Wall Hanging <br> $26^{\prime \prime} \times 36^{\prime \prime}$ |
| :--- | :---: |
| Fabric A | $1 / 4$ yard or 1 FQ |
| Fabric B | $1 / 4$ yard or 1 FQ |
| Fabric C | $1 / 4$ yard or 1 FQ |
| Fabric D | $1 / 4$ yard or 3 FQs |
| Binding | $1 / 3$ yard |
| Backing* | 1 yard |

*Allows for 3" overage to allow for quilting. Adjust to your needs.

## Cutting Instructions

|  |  |
| :---: | :---: |
| Fabric A | $\square$ Cut (8) $43 / 8{ }^{\prime \prime}$ squares |
| Fabric B | Cut (20) $21 / 2^{\prime \prime}$ squares Cut (5) $33 / 8$ " squares |
| Fabric C | Cut (6) $11 / 2{ }^{\prime \prime}$ squares Cut (1) $211 / 2^{\prime \prime} \times 61 / 1^{\prime \prime}$ rectangle Cut (1) $2 \frac{112 " \prime}{} \times 7 \frac{112}{\prime \prime}$ rectangle Cut (2) $21 / 2^{\prime \prime} \times 281 / 2^{\prime \prime}$ rectangles* |
| Fabric D |  |
| Binding | $\square$ Cut (4) $211 / 2^{\prime \prime} \times$ WOF strips |

*If using FQs, the longer strips can be pieced and still remain within the stated fabric requirements.

## Heart Block Assembly

1. Draw a diagonal line across the back of the (5) Fabric D $33 / s^{\prime \prime}$ squares. Match with (5) Fabric $B 33 / s^{\prime \prime}$ squares and place RST (Fig. 1).
2. Sew $1 / 4^{\prime \prime}$ away from either side of the drawn line. (Fig. 2)
3. Cut the squares apart along the drawn line. (Fig. 3).
4. Trim each HST to $21 / 2^{\prime \prime}$ (Fig. 4). You will have (10) HSTs.
5. Using the (10) $2 \frac{1}{2} 2^{\prime \prime}$ HSTs, (20) Fabric B $21 / 2^{\prime \prime}$ squares and (6) Fabric D $21 / 2^{\prime \prime}$ squares, lay out the heart per the layout (Fig. 5).
6. Sew top row of units RST together. Press seams to one direction. Continue sewing each row, pressing each row in opposite directions. Place the top row RST with the second row and sew together while nesting seams. Repeat with remaining rows. Press to set your seams and then press open. Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform.



Fig. 2


Fig. 3


Fig. 4

7. Draw a diagonal line across the back of the (8) Fabric $D 43 / 8^{\prime \prime}$ squares. Match with (8) Fabric $A 43 / 8^{\prime \prime}$ squares and place RST (Fig. 6).
8. Sew $1 / 4^{\prime \prime}$ away from either side of the drawn line (Fig. 7).
9. Cut the squares apart along the drawn line. (Fig. 8).
10. Trim each HST to $31 / 2^{\prime \prime}$ (Fig. 9). You will have (16) HSTs.



Fig. 7


Fig. 8


Fig. 9

## Heart Block Assembly Continued

11. Layout (2) Fabric C 3 ½" squares and (4) Fabric A/C $31 / 2^{\prime \prime}$ HSTs (Fig. 10). Placing each block RST, sew the row together (Fig. 11). Press seams to set and then press open.
12. Repeat to make an additional row. These will be the top and bottom sections of the main block.
13. Layout (4) Fabric A/C $3 ½^{\prime \prime}$ HSTs (Fig. 12). Placing each block RST, sew the row together (Fig. 13). Press seams to set and then press open.
14. Repeat to make an additional row. These will be the left and right sections of the main block.


Fig. 11


Fig. 12


Fig. 13
15. Sew the left and right section to the heart block (Fig. 14). Sew the top and right section to the heart block (Fig. 15).


Fig. 14


Fig. 15

## Ribbon Assembly

Snowballing/Stitch and Flip Method:

1. Draw a diagonal line across the back of the (6) Fabric C $1 \frac{112 \prime \prime}{2}$ squares (Fig. 16).
2. Place (1) square on one corner of the Fabric C $2 \frac{1}{2}{ }^{\prime \prime} \times 5 \frac{1121 / 2}{}$ rectangle (Fig. 17). Sew directly on the drawn line. Trim $1 / 4^{\prime \prime}$ on the outside of the sew line (Fig. 17).
3. Press the triangle outward (Fig. 18).
4. Repeat on the opposite corner (Fig. 19).
5. Sew directly on the drawn line. Trim $1 / 4^{\prime \prime}$ on the outside of the sew line (Fig. 20).
6. Press the triangle outward (Fig. 21). Repeat with the (2) $21 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles to form (3) ribbon ends.


Fig. 16


Fig. 17


Fig. 18


Fig. 19


Fig. 20


Fig. 21
7. Sew (1) Fabric C $21 / 2^{\prime \prime} \times 28 \frac{1}{2 \prime \prime}$ rectangle to (1) Fabric C $21 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangle ribbon end (Fig. 22). Press to set the seam and then press toward the darker rectangle (Fig. 23). Repeat to make a second unit.
8. Sew (1) Fabric C $2 \frac{1}{2} 2^{\prime \prime} \times 36 \frac{1}{2}{ }^{\prime \prime}$ rectangle to the left of one of the ribbon units (Fig. 24). Press to set the seam and then press toward the darker rectangle (Fig. 25).
9. Repeat but sewing (1) Fabric C rectangle to the right of the other ribbon strip (Fig. 26). Press to set the seam and then press toward the darker rectangle (Fig. 27).


## Ribbon Assembly

10. Sew (1) Fabric B $2 \frac{1}{2 \prime \prime} \times 71 / 2^{\prime \prime}$ rectangle to (1) Fabric C $2 \frac{1}{2 \prime \prime} \times 5 \frac{1}{2 \prime \prime}$ rectangle (Fig. 28). Press to set the seam and then press toward the darker rectangle (Fig. 29). This will be the center ribbon end.
11. Sew (1) Fabric C $2 \frac{1}{2} 2^{\prime \prime} \times 12 \frac{1}{2} 2^{\prime \prime}$ rectangle to the left and right of the center ribbon unit. Sew (1) Fabric C $61 / 2^{\prime \prime} \times 121 / 2^{\prime \prime}$ rectangle to the left and right sides of this unit (Fig. 30).
12. Press to set the seams and then press toward the center ribbon (Fig. 31).

13. Sew (1) Fabric C $21 / 2^{\prime \prime} \times 6 \frac{1}{2} 2^{\prime \prime}$ rectangle to left and right side of the Fabric B $21 / 2^{\prime \prime} \times 61 / 2^{\prime \prime}$ rectangle (Fig. 32) Press to set the seams and then press toward the darker rectangle (Fig. 33).
14. Sew (1) Fabric C $6 \frac{1}{2} 2^{\prime \prime} \times 6 \frac{1}{2} 2^{\prime \prime}$ square to the left and right side of this unit to form the top of your wall hanging (Fig. 34).


Fig. 34

## Assembly

15. Using the mockup below, sew the top and bottom units to the center heart block. Sew the left and right ribbon strands to the center blocks. Your mini wall quilt top is now complete!


## Finishing Your Wall Quilt

1. Piece together backing fabric as needed.
2. Lay backing wrong side up, then your batting, followed by the quilt top right side up to complete the sandwich.
3. Baste and quilt as desired.
4. Square your quilt and trim off excess backing fabric and batting.
5. Determine how you want to hang your finished wall hanging. There are a variety of methods, however, I have included instructions for simple hanging sleeves to use in conjunction with a wooden dowel or hangers.
6. Cut (2) $61 / 2^{\prime \prime}$ squares. It is up to you what type of fabric you choose. Since this will be on the back against the wall, you could use scraps! You can also add (2) additional pockets at the bottom
7. Fold each square in half to form a triangle and press.
8. Place your wall quilt right side down on your work surface. Pin the triangles in each corner of the quilt, with the raw edges of the triangles aligned with the quilt's outer raw edges (Fig. 35).
9. Bind your wall quilt with the $21 / 2^{\prime \prime}$ binding strips as you would a full quilt. The triangles should be sewn into the binding as the binding is attached (Fig. 36).
10. Cut a dowel or a flat piece of wood slightly smaller to the width of the wall hanging and insert it in the top two triangles. Now it's time to hang your quilt! Your mini wall quilt is now complete!


Fig. 35


Fig. 36

